



DAR AL-AJAZA AL-ISLAMIA HOSPITAL

On the occasion of Elderly Day

Theme

“ Improving Quality In Elderly Care “

Saturday 3rd of October 2009, Monroe Hotel - Beirut

CME 8

Final Program

08:00 – 09:00 : Registration

09:00 – 09:30 : Opening

- Speeches** : - Scientific Committee, Dr. Nabil NAJA
- General Director, Mr. Azzam HOURI
- Lebanese Order of Physicians, Pr. Georges AFTIMOS
- Ministry of public health

09:30 – 09:45 : Coffee Break

09:45 – 11:45 : First Session : Demographic Issues and Epidemiology

Chairman and Co-Chairman: Pr. Nabil KRONFOL / LHMA

Dr. Nabil NAJA / Lebanese University

- Demographic Changes - International and Lebanese Data, Dr. Abla SIBAI / AUB
- Epidemiology of Cancer in Lebanon after 60, Dr. Salim ADIB, MD, MPH, DrPH / USJ
- Malnutrition in Elderly - Lebanese Data, Dr. Christa BOULOS / USJ
- The Age Friendly Cities Project – Tripoli, Lebanon, Pr. Nabil KRONFOL / LHMA

11:45 – 13:15 : Second Session : Musculoskeletal Disorders

Chairman and Co-Chairman: Dr. Rafic BADOURA, MD, MPH, Rheumatologist / USJ

Dr. Kassem ARAB, Rheumatologist

- Hypovitaminosis D and Musculoskeletal Health in the Elderly, Pr. Ghada Hage Fleihan, MD, MPH – AUB
- Osteoporotic Fratures : Diagnosis and Management, Dr. Mohamad BADRA / Orthopedic Surgeon – CMC JOHNS Hopkins
- Prevention of Falls in the Elderly : What the evidence show? Dr. Rita El-HAYECK / Geriatrician – USJ

13:15 – 14:15 : Lunch Break



DAR AL-AJAZA AL-ISLAMIA HOSPITAL

On the occasion of Elderly Day

Theme

“ Improving Quality In Elderly Care “

Saturday 3rd of October 2009, Monroe Hotel - Beirut

CME 8

14:15 – 16:45 : Third session : Dementia and Related Disorder

Chairman and Co-Chairman: Pr. Munir KHANI, AUB

Pr. Jamal HAFEZ, Beirut Arab University

- Alzheimer Disease an Overview, Dr. Kamal KALLAB – Neurologist – Dean of Medical School – USEK
- Radio Imaging in Dementia, PET/SPECT, Dr. Mohamad Haidar – Nuclear Medicine Specialist – BGUH
- Psychiatric Diagnosis and Management in Dementia, Dr. Dory G. Hachem – Psychiatrist – La Croix Hospital
- The Non Cognitive Aspects of Alzheimer Disease, Dr. Elie ESTEPHAN – Geriatrician – BALAMAND University
- Stress of Alzheimer’s Disease on Caregivers and the Role of Associations, Mrs. Diane MANSOUR – Lebanese Alzheimer Association

16:45 – 17:00 : Coffee Break

17:00 – 17:15 : Special Talk

A Near-Death Experience, a Life after Life, Dr Antoine Saad - Psychiatrist

17:15 – 18:45 : Panel discussion : Improving Quality Care in Senior Citizens Institutions.

What we have?

What we plan to have?

What we dream to have?

Moderator : Dr. Nabil NAJA – Geriatrician

- Ain Wazein - Elderly Care Center, Dr. Chawkat BEAYNI
- Dar Al-Ajaza Al-Islamia Hospital, Mr. Azzam HOURI
- Foyer Saint Georges, Mrs. Maha ABOUCHAWAREB
- Social Services Association – Tripoli, Dr. Abdel Razak ABIYAD
- Foyer Maronite, Sr. Sabah FREIFER

18:45 – 19:00 : Closing Remarks - Recommendations